

S.No	Question	Answer Options	
1	Obesity occurs due to _____.	Over-eating Of Carbohydrates And Fats	<input type="checkbox"/>
		Not Eating Enough Carbohydrates And Fats	<input type="checkbox"/>
		Over-eating Of Vitamins And Minerals	<input type="checkbox"/>
		Not Eating Enough Of Vitamins And Minerals	<input type="checkbox"/>
2	The deficiency of potassium causes _____.	Muscle Weakness	<input type="checkbox"/>
		Night Blindness	<input type="checkbox"/>
		Hair Fall	<input type="checkbox"/>
		Muscle Cramps	<input type="checkbox"/>

3

The deficiency of Niacin causes \_\_\_\_\_.

- Beri-Beri
- Anaemia
- Rickets
- Pellagra

4

Fill in the blank : \_\_\_\_\_  
are animals that eat only  
plants.

Answer  
\_\_\_\_\_

5

State true or false : Our body  
can digest cellulose.

- True
- False

Correct Answer is

1. Correct Ans option is Over-eating Of Carbohydrates And Fats
2. Correct Ans option is Muscle Weakness
3. Correct Ans option is Pellagra
4. Correct Answer is Herbivores
5. Correct Ans option is False