

S.No	Question	Answer Options	
1	<p>Choose the correct option : When someone twists an ankle you should _____.</p>	Put A Heating Pad	<input type="checkbox"/>
		Put A Cooling Pad	<input type="checkbox"/>
		Apply Pressure On The Area	<input type="checkbox"/>
		Try And Move The Ankle	<input type="checkbox"/>
2	<p>A lot of accidents take place when we are not _____.</p>	Careful	<input type="checkbox"/>
		Careless	<input type="checkbox"/>
		Carefree	<input type="checkbox"/>
		Care	<input type="checkbox"/>

3

What is the colour of the ADDITION sign outside a chemist's shop?

Blue

Green

Red

Yellow

4

Fill in the blank : Rules one should follow to keep safe from injuries and accidents are called \_\_\_\_\_ rules.

Answer  
\_\_\_\_\_

5

Choose the correct option : It is safe to use up all your energy to swim as far as you can.

True

False

Correct Answer is

1. Correct Ans option is Put A Cooling Pad
2. Correct Ans option is Careful
3. Correct Ans option is Green
4. Correct Answer is safety
5. Correct Ans option is False